

FAMILY FASTING & PRAYER PROGRAM

(CORNELIUS DAY TIME FASTING)

Theme: “A Family that Seeks God Together”

(Acts 10:30)

INTRODUCTION: The Criticality of a Family Fast

In Acts 10:30, Cornelius said, “Four days ago I was fasting until this hour; and at the ninth hour I prayed in my house, and behold, a man stood before me in bright clothing...” This divine encounter was not only for Cornelius but resulted in the salvation and spiritual breakthrough of his entire household. This account proves that:

- Fasting provokes divine visitation.
- A praying family opens the door for generational blessings.
- Fasting breaks satanic limitations and aligns the family with God's purpose.

Every family needs periodic seasons of corporate fasting and prayer to:

- Seek divine direction.
- Break generational curses.
- Build a spiritual legacy.

TYPE OF FAST:

- **Daniel Fast (6 AM – 6 PM):** Water or fruits/vegetables until breaking.
- **Partial Fast:** One or two meals skipped daily.

Encourage everyone to participate as able. Children can be involved through simple meal restrictions and prayer times.

DAY 1: SPIRITUAL ALIGNMENT AND CONSECRATION

Scripture Focus: Joshua 24:15 – “As for me and my house, we will serve the Lord.”

1. Today, I pray that my family shall draw close to God and receive divine visitation from the heavenlies, in Jesus' mighty name.
Verse: James 4:8
 2. Lord, purify our hearts and remove every form of iniquity and disobedience in our household.
Verse: Psalm 51:10
 3. Father, may our family altar be rekindled with fire and passion for Your presence.
Verse: Leviticus 6:13
 4. I break every generational curse operating in our lineage in the name of Jesus.
Verse: Galatians 3:13
 5. Lord, let our family serve You with sincerity and truth.
Verse: Joshua 24:14
 6. I decree divine alignment of our family values with God's Word.
Verse: Romans 12:2
 7. May the Holy Spirit saturate our home with peace, love, and unity.
Verse: Ephesians 4:3
 8. Let every idol in our hearts and home be torn down in Jesus' name.
Verse: Ezekiel 14:3
 9. Father, restore the fear of the Lord in every family member.
Verse: Proverbs 1:7
 10. Lord, make our family a dwelling place of Your presence.
Verse: Psalm 91:1
 11. Uproot every satanic planting in our family tree.
Verse: Matthew 15:13
 12. Grant us ears to hear Your voice and hearts to obey.
Verse: Isaiah 30:21
 13. Deliver us from secret faults and hidden sins.
Verse: Psalm 19:12
 14. Rebuild every broken relationship in our family.
Verse: Colossians 3:13
 15. Let the spirit of rebellion be destroyed in our children.
Verse: Isaiah 1:19-20
 16. We declare fresh spiritual gifts over our household.
Verse: 1 Corinthians 12:7
 17. Let our home be filled with worship and not complaints.
Verse: John 4:24
 18. Raise us to be spiritually alert and vigilant.
Verse: 1 Peter 5:8
 19. May our home reflect heaven on earth.
Verse: Matthew 6:10
 20. Grant us grace to maintain the spiritual gains of this fast.
Verse: Hebrews 4:16
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DAY 2: FAMILY BREAKTHROUGHS & OPEN HEAVENS

Scripture Focus: Acts 10:30-31

1. Today, I declare open heavens over my family and every area of stagnation.
Verse: Isaiah 64:1
2. Let divine visitation locate our home just like Cornelius'.
Verse: Acts 10:3
3. Lord, every delayed promise in our family, manifest now!
Verse: Daniel 10:12-13
4. Father, break financial limitations and bless the work of our hands.
Verse: Deuteronomy 8:18
5. Cancel every satanic embargo placed on our progress.
Verse: Zechariah 3:1-4
6. Restore all the years we have lost as a family.
Verse: Joel 2:25
7. Let the spirit of excellence rest upon our children.
Verse: Daniel 1:20
8. Open every closed womb and make our family fruitful.
Verse: Genesis 25:21
9. Terminate every cycle of financial failure and lack.
Verse: Proverbs 10:22
10. Release unusual favor upon our family members.
Verse: Psalm 5:12
11. Let helpers arise for each member of the household.
Verse: Isaiah 60:10
12. Restore our family name and reputation.
Verse: Zephaniah 3:19
13. Let our family be remembered for good.
Verse: Nehemiah 5:19
14. No more miscarriage of purpose or vision in Jesus' name.
Verse: Exodus 23:26
15. We reject every evil report and declare divine turnaround.
Verse: Isaiah 53:1
16. May divine ideas and innovation fill our minds.
Verse: Proverbs 8:12
17. Let peace be established within our gates.
Verse: Psalm 122:7
18. We command every Pharaoh opposing our progress to fall.
Verse: Exodus 14:27-28
19. Let every long-standing bondage break now.
Verse: Isaiah 10:27
20. I decree supernatural rest and victory in our family.
Verse: 2 Chronicles 15:15

DAY 3: LEGACY & KINGDOM IMPACT

Scripture Focus: Psalm 112:1-3

1. Lord, raise our children to be mighty on the earth.
Verse: Psalm 112:2
2. May our family name carry spiritual significance.
Verse: Proverbs 22:1
3. Raise godly seed from our home for generations to come.
Verse: Malachi 2:15
4. May the fire of God never depart from our house.
Verse: Leviticus 6:13
5. Let generational blessings replace generational curses.
Verse: Deuteronomy 28:2
6. Anoint every child to fulfill their divine calling.
Verse: Jeremiah 1:5
7. Grant us strength and wisdom to disciple our children.
Verse: Deuteronomy 6:6-7
8. Let the mantle of purpose be passed from parents to children.
Verse: 2 Kings 2:9
9. Help us to raise spiritual leaders and reformers.
Verse: Deuteronomy 28:13
10. Make our family a light to the nations.
Verse: Isaiah 60:1-3
11. Let our children surpass our spiritual and earthly achievements.
Verse: John 14:12
12. May our lineage never be lost spiritually.
Verse: 2 Samuel 3:1
13. Lord, may we serve as a family for Your kingdom.
Verse: Romans 12:11
14. May our family finances advance the gospel.
Verse: Luke 8:3
15. Establish godly marriages for our children.
Verse: Proverbs 18:22
16. Terminate patterns of untimely death and sorrow.
Verse: Psalm 118:17
17. Fill our home with divine wisdom and discernment.
Verse: James 1:5
18. May we finish our race strong and faithful.
Verse: 2 Timothy 4:7
19. Let our testimony provoke others to seek God.
Verse: Matthew 5:16
20. Father, let our family be known as a house of prayer, love, and glory.
Verse: Isaiah 56:7

CONCLUSION:

- Break each day with thanksgiving and communion.
- Anoint each family member on the final day.
- Maintain the altar of prayer weekly.
- Journal all revelations and testimonies.

May the Lord establish your household as a beacon of light and power in Jesus' name. Amen!