

10-DAY DANIEL FAST&PRAYER PROGRAM

ANCHOR SCRIPTURE:

Daniel 10:2–3

"In those days I, Daniel, was mourning three full weeks. I ate no pleasant food, no meat or wine came into my mouth, nor did I anoint myself at all, till three whole weeks were fulfilled."

BACKGROUND OF THE DANIEL FAST

The Daniel Fast originates from the prophet Daniel's personal consecration during a time of spiritual mourning and pursuit of divine understanding. Faced with delay in heavenly answers and desiring clarity concerning a troubling vision, Daniel abstained from pleasant food, meat, and wine. His fast drew angelic intervention, spiritual breakthrough, and divine revelation.

Unlike a total fast, the Daniel Fast emphasizes sacrifice, discipline, and intentional seeking of God's face through a restricted diet and sustained prayer. It teaches spiritual focus, humility, and breakthrough in prolonged seasons of waiting.

OUTCOMES OF THE FAST

- Angelic visitation and reinforcement
- Revelation of hidden things and divine understanding
- Strengthened spiritual sensitivity and clarity of purpose
- Victory over demonic delays and strongholds
- Personal transformation and boldness in calling

SIGNIFICANCE OF THE FAST IN TIMES LIKE THESE

In a season of confusion, warfare, and delay, the Daniel Fast reconnects believers to God's heart. It aligns us for divine strategy and angelic help. This fast is vital when answers seem delayed, when visions are unclear, or when pressing for national or personal revival. In our current world of chaos and noise, Daniel's posture of focus, purity, and prayer is more needed than ever.

REASONS TO EMBARK ON A DANIEL FAST

- When facing persistent spiritual resistance or delay
- For wisdom and divine direction
- To break habitual distractions and refocus on God
- For revelation and clarity of vision
- To seek divine intervention over territories or nations
- To reset spiritually after a season of compromise
- To release prophetic insights and understanding

ACTIVITY:

1. Write out the specific burdens or requests you're bringing into this 10-day fast.
2. Identify distractions or foods to lay aside (as per Daniel 10:2–3).
3. Schedule intentional times of prayer, worship, and Bible study each day (You can commit to reading the entire book of Daniel)

Below are prayer points and declarations to help you through the fast.

Please not just read the prayers. Use them as pointers and expand them making them your own. Spend quality time prayer over each of the points especially as the Holy Spirit leads.

DAY 1: HUMILITY AND BROKENNESS

Focus: Submitting the heart and coming low before God

1. I humble myself before You, Lord, and acknowledge my deep need. In Jesus' Name – *James 4:10*
2. Let pride and self-dependence be broken in me. In Jesus' Name – *Proverbs 16:18*
3. Teach me the posture of true repentance. In Jesus' Name – *Psalms 51:17*
4. I mourn over sin and lukewarmness. In Jesus' Name – *Matthew 5:4*
5. Let the spirit of brokenness rest upon me. In Jesus' Name – *Isaiah 57:15*
6. Reveal anything in me that resists Your will. In Jesus' Name – *Psalms 139:23–24*
7. I choose to decrease that You may increase. In Jesus' Name – *John 3:30*
8. Circumcise my heart to love and obey You. In Jesus' Name – *Deuteronomy 30:6*
9. Teach me to tremble at Your Word. In Jesus' Name – *Isaiah 66:2*
10. Let the weight of Your presence purify me. In Jesus' Name – *Malachi 3:3*
11. I confess my sins and turn fully to You. In Jesus' Name – *1 John 1:9*
12. Remove spiritual arrogance from my life. In Jesus' Name – *Romans 12:3*
13. Let Your mercy triumph over judgment in me. In Jesus' Name – *James 2:13*
14. May my fasting be acceptable in Your sight. In Jesus' Name – *Isaiah 58:6*
15. Wash me in the blood of the Lamb. In Jesus' Name – *Revelation 1:5*
16. Let my soul long for You above all things. In Jesus' Name – *Psalms 42:1–2*
17. Open my ears to hear the Spirit clearly. In Jesus' Name – *Revelation 2:7*
18. Break every hardness of heart. In Jesus' Name – *Hebrews 3:15*
19. Draw me into deeper intimacy with You. In Jesus' Name – *James 4:8*
20. Let all false altars in my life be torn down. In Jesus' Name – *Judges 6:25*
21. Give me a heart that yields daily. In Jesus' Name – *Romans 6:13*
22. Replace apathy with holy hunger. In Jesus' Name – *Matthew 5:6*
23. Deliver me from complacency and spiritual slumber. In Jesus' Name – *Romans 13:11*
24. Let the cross be real to me again. In Jesus' Name – *Galatians 6:14*
25. I offer my body as a living sacrifice to You. In Jesus' Name – *Romans 12:1*

DAY 2: SPIRITUAL DISCERNMENT AND CLARITY

Focus: Receiving understanding, direction, and revelation from God

1. Open my spiritual eyes to discern clearly. In Jesus' Name – *2 Kings 6:17*
2. Let divine wisdom guide my decisions. In Jesus' Name – *James 1:5*
3. Grant me understanding beyond natural knowledge. In Jesus' Name – *Daniel 1:17*
4. Speak to me in dreams and visions. In Jesus' Name – *Job 33:15–16*
5. Silence every contrary voice around me. In Jesus' Name – *John 10:5*
6. Reveal hidden things to me by Your Spirit. In Jesus' Name – *Jeremiah 33:3*
7. Let confusion be replaced with divine clarity. In Jesus' Name – *1 Corinthians 14:33*
8. Give me insight for my next step. In Jesus' Name – *Isaiah 30:21*
9. I reject every spirit of error and deception. In Jesus' Name – *1 John 4:6*
10. Let me not be wise in my own eyes. In Jesus' Name – *Proverbs 3:7*
11. Anoint my eyes with spiritual sight. In Jesus' Name – *Revelation 3:18*
12. Let me not miss divine timing. In Jesus' Name – *Ecclesiastes 3:1*
13. I receive knowledge of God's will. In Jesus' Name – *Colossians 1:9*
14. Teach me Your ways, O Lord. In Jesus' Name – *Psalms 25:4*
15. Expose and remove distractions from my life. In Jesus' Name – *Luke 10:40–42*
16. Grant me the spirit of wisdom and revelation. In Jesus' Name – *Ephesians 1:17*
17. Illuminate my mind with truth. In Jesus' Name – *Psalms 119:130*
18. Establish me in divine patterns. In Jesus' Name – *Exodus 25:40*
19. Let the fear of the Lord guide my discernment. In Jesus' Name – *Proverbs 9:10*
20. May I never lean on my own understanding. In Jesus' Name – *Proverbs 3:5*
21. Reveal the schemes of the enemy. In Jesus' Name – *2 Corinthians 2:11*
22. Give me ears that hear spiritual instructions. In Jesus' Name – *Isaiah 50:4–5*
23. Let me grow in spiritual understanding daily. In Jesus' Name – *Luke 24:45*
24. Guard me from decisions made in haste. In Jesus' Name – *Proverbs 19:2*
25. Let the light of God guide my path. In Jesus' Name – *Psalms 119:105*

DAY 3: SPIRITUAL WARFARE AND DELIVERANCE

Focus: Breaking through resistance, overcoming strongholds, and divine victory

1. I receive power to overcome every demonic resistance. In Jesus' Name – *Luke 10:19*
2. I pull down strongholds in my mind and life. In Jesus' Name – *2 Corinthians 10:4*
3. Let every prince of Persia resisting my answers be bound. In Jesus' Name – *Daniel 10:13*
4. I command divine judgment on every wicked altar. In Jesus' Name – *Judges 6:25–26*
5. Let every snare of the enemy be broken. In Jesus' Name – *Psalms 124:7*
6. I release the fire of God against every opposing force. In Jesus' Name – *Hebrews 12:29*
7. I break every generational curse operating in my life. In Jesus' Name – *Galatians 3:13*
8. Deliver me from hidden traps and satanic setups. In Jesus' Name – *Psalms 91:3*
9. I am more than a conqueror through Christ. In Jesus' Name – *Romans 8:37*
10. Let the blood of Jesus speak against every accusation. In Jesus' Name – *Revelation 12:11*
11. I resist the devil and he flees from me. In Jesus' Name – *James 4:7*
12. Let every monitoring spirit be silenced. In Jesus' Name – *Numbers 23:23*
13. Let angelic forces be released on my behalf. In Jesus' Name – *Psalms 103:20*
14. I declare divine escape from every siege. In Jesus' Name – *2 Kings 7:6–7*
15. Let stubborn pursuers be drowned in divine judgment. In Jesus' Name – *Exodus 14:28*
16. Let every evil arrow return to sender. In Jesus' Name – *Psalms 35:8*
17. I wear the full armor of God daily. In Jesus' Name – *Ephesians 6:11*
18. Break every invisible chain in my life. In Jesus' Name – *Acts 12:7*
19. Scatter every satanic gathering against me. In Jesus' Name – *Isaiah 54:15*
20. I overcome every spirit of fear and intimidation. In Jesus' Name – *2 Timothy 1:7*
21. Destroy every witchcraft operation against my family. In Jesus' Name – *Micah 5:12*
22. I declare deliverance in my spirit, soul, and body. In Jesus' Name – *Obadiah 1:17*
23. Arise, O Lord, and scatter every adversary. In Jesus' Name – *Psalms 68:1*
24. I break every evil covenant knowingly or unknowingly entered. In Jesus' Name – *Isaiah 28:18*

25. Let victory be established in every battle of my life. In Jesus' Name – *1 John*
5:4

Treasures in Earthen Vessels

DAY 4: DIVINE HEALTH AND RESTORATION

Focus: Healing, health, and recovery of what was lost

1. Heal me and I shall be healed. In Jesus' Name – *Jeremiah 17:14*
2. I receive divine strength in my inner man. In Jesus' Name – *Ephesians 3:16*
3. By His stripes, I am healed. In Jesus' Name – *Isaiah 53:5*
4. Restore the years the locust has eaten. In Jesus' Name – *Joel 2:25*
5. Let Your healing virtue flow through my body. In Jesus' Name – *Luke 8:46*
6. I rebuke every affliction in my body. In Jesus' Name – *Nahum 1:9*
7. Let my health spring forth speedily. In Jesus' Name – *Isaiah 58:8*
8. Remove every root of infirmity. In Jesus' Name – *Matthew 15:13*
9. Restore my soul and renew my mind. In Jesus' Name – *Psalms 23:3*
10. Let my body be quickened by the Holy Spirit. In Jesus' Name – *Romans 8:11*
11. I cast out every spirit of sickness. In Jesus' Name – *Mark 16:17–18*
12. Let divine life replace weakness in me. In Jesus' Name – *2 Corinthians 4:10*
13. Give me rest from pain and weariness. In Jesus' Name – *Matthew 11:28*
14. I reject every diagnosis contrary to God's Word. In Jesus' Name – *Psalms 118:17*
15. Let me walk in divine vitality. In Jesus' Name – *Deuteronomy 34:7*
16. I recover all the enemy has stolen. In Jesus' Name – *1 Samuel 30:8*
17. Let my blood, organs, and tissues be renewed. In Jesus' Name – *Ezekiel 37:5–6*
18. Cancel every terminal sentence over my life. In Jesus' Name – *Colossians 2:14*
19. Fill me with joy and peace in believing. In Jesus' Name – *Romans 15:13*
20. Let the Son of Righteousness arise with healing for me. In Jesus' Name – *Malachi 4:2*
21. Let sorrow and sighing flee from me. In Jesus' Name – *Isaiah 35:10*
22. My body is the temple of the Holy Spirit—sanctify it. In Jesus' Name – *1 Corinthians 6:19*
23. Release divine help for my restoration. In Jesus' Name – *Psalms 20:1*
24. Let there be total recovery in my emotions and health. In Jesus' Name – *Psalms 147:3*
25. I receive wholeness in every area of my life. In Jesus' Name – *Luke 17:19*

DAY 5: FAVOR AND DIVINE CONNECTIONS

Focus: Divine favor, connections, and supernatural opportunities

1. Let Your favor surround me as a shield. In Jesus' Name – *Psalm 5:12*
2. Open doors of favor before me today. In Jesus' Name – *Revelation 3:8*
3. Let me find favor in the eyes of kings and influencers. In Jesus' Name – *Esther 5:2*
4. Let divine helpers locate me. In Jesus' Name – *Ruth 2:2*
5. Increase my favor with God and man. In Jesus' Name – *Luke 2:52*
6. Turn the hearts of decision-makers in my favor. In Jesus' Name – *Proverbs 21:1*
7. Let divine connections align me with my destiny helpers. In Jesus' Name – *Esther 2:17*
8. Surround me with favor as with a shield. In Jesus' Name – *Psalm 5:12*
9. Grant me favor beyond my qualifications. In Jesus' Name – *Ruth 2:10*
10. Let favor cause me to stand out in my generation. In Jesus' Name – *Genesis 39:21*
11. Let divine favor open doors that no man can shut. In Jesus' Name – *Revelation 3:8*
12. Let strangers build my walls and kings serve me. In Jesus' Name – *Isaiah 60:10*
13. I declare that favor will speak for me. In Jesus' Name – *Exodus 3:21*
14. Let me experience the set time of favor. In Jesus' Name – *Psalm 102:13*
15. Let my actions be favorably judged in the eyes of others. In Jesus' Name – *Daniel 1:9*
16. Let me walk in the favor of God all my days. In Jesus' Name – *Psalm 30:5*
17. Let my plans prosper by favor, not by my strength. In Jesus' Name – *Psalm 44:3*
18. Raise up voices to speak on my behalf. In Jesus' Name – *2 Samuel 9:1*
19. Let the favor of God distinguish me from others. In Jesus' Name – *Exodus 33:17*
20. Let favor increase in every area of my life. In Jesus' Name – *Esther 2:17*
21. Let favor bring divine promotion and elevation. In Jesus' Name – *Psalm 75:6-7*
22. Let favor precede my every step. In Jesus' Name – *Psalm 119:132*
23. I receive divine favor in every area of my life. In Jesus' Name – *Psalm 84:11*
24. Let my enemies favor my cause. In Jesus' Name – *Psalm 41:11*
25. Let the favor of God bring unexpected breakthroughs. In Jesus' Name – *2 Kings 7:6-7*

DAY 6: WISDOM AND REVELATION

Focus: Divine wisdom, understanding, and revelation in all areas of life

1. Let Your wisdom guide me in every decision. In Jesus' Name – *James 1:5*
2. I receive the spirit of wisdom and revelation. In Jesus' Name – *Ephesians 1:17*
3. Open the eyes of my understanding. In Jesus' Name – *Ephesians 1:18*
4. Teach me Your ways and guide me in truth. In Jesus' Name – *Psalms 25:4*
5. Grant me wisdom in the midst of challenges. In Jesus' Name – *Proverbs 2:6*
6. Let me walk in divine understanding and knowledge. In Jesus' Name – *Colossians 2:2-3*
7. Fill me with the knowledge of Your will in all wisdom. In Jesus' Name – *Colossians 1:9*
8. Give me clarity and insight in all matters of life. In Jesus' Name – *Proverbs 3:5-6*
9. Let divine wisdom be my guide in every area of life. In Jesus' Name – *Proverbs 4:7*
10. I receive wisdom for business, ministry, and relationships. In Jesus' Name – *James 3:17*
11. Let Your wisdom bring me success and favor. In Jesus' Name – *Daniel 2:21*
12. Reveal hidden truths to me in Your Word. In Jesus' Name – *Psalms 119:18*
13. Let wisdom preserve and protect me. In Jesus' Name – *Proverbs 4:6*
14. I reject foolishness and embrace divine wisdom. In Jesus' Name – *Proverbs 1:7*
15. Let me speak words of wisdom that bring solutions. In Jesus' Name – *Matthew 10:19*
16. I receive wisdom to handle every situation in life. In Jesus' Name – *Ecclesiastes 7:12*
17. Let me be filled with the wisdom of the ages. In Jesus' Name – *Proverbs 2:10*
18. Grant me discernment and revelation in all things. In Jesus' Name – *1 Kings 3:9*
19. Fill me with understanding and knowledge. In Jesus' Name – *Colossians 1:9*
20. Let Your wisdom lead me to my divine destiny. In Jesus' Name – *Psalms 32:8*
21. Let Your revelation bring light to my life. In Jesus' Name – *Psalms 119:130*
22. Teach me to walk in wisdom and not in foolishness. In Jesus' Name – *Ephesians 5:15*
23. Let Your wisdom bring peace to my heart and mind. In Jesus' Name – *James 3:17*

24. May Your wisdom be manifest in my actions and decisions. In Jesus' Name
– *Proverbs 4:11*

25. I declare that wisdom is the principal thing in my life. In Jesus' Name –
Proverbs 4:7

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DAY 7: ALIGNMENT AND PURPOSE

Focus: Aligning with God's plan for your life, divine purpose, and direction

1. Align my heart with Your purpose for my life. In Jesus' Name – *Psalm 57:2*
2. Lead me in the path You have prepared for me. In Jesus' Name – *Psalm 23:3*
3. I seek Your kingdom first, and Your righteousness. In Jesus' Name – *Matthew 6:33*
4. Let Your purpose for my life be fulfilled. In Jesus' Name – *Ephesians 1:11*
5. Guide my steps according to Your will. In Jesus' Name – *Proverbs 3:5-6*
6. I align my desires with Your desires for me. In Jesus' Name – *Psalm 37:4*
7. Let Your Word be a lamp to my feet and a light to my path. In Jesus' Name – *Psalm 119:105*
8. I declare that I will fulfill my divine destiny. In Jesus' Name – *Jeremiah 29:11*
9. Help me to hear Your voice clearly, Lord. In Jesus' Name – *John 10:27*
10. Lead me not into temptation, but deliver me from evil. In Jesus' Name – *Matthew 6:13*
11. Let my plans align with Your will and purpose. In Jesus' Name – *Proverbs 16:9*
12. May I walk worthy of my calling and purpose. In Jesus' Name – *Ephesians 4:1*
13. Give me wisdom to follow Your plan for my life. In Jesus' Name – *James 1:5*
14. May my heart be fully committed to Your purposes. In Jesus' Name – *Psalm 86:11*
15. Let Your divine will be established in my life. In Jesus' Name – *Matthew 26:39*
16. Help me to stay aligned with Your Word and Your will. In Jesus' Name – *Psalm 119:11*
17. I declare that I will not miss my season of favor. In Jesus' Name – *Ecclesiastes 3:1*
18. Lord, empower me to walk in my calling. In Jesus' Name – *2 Timothy 1:9*
19. May I always stay in the center of Your will. In Jesus' Name – *Romans 12:2*
20. I yield my life fully to Your purpose. In Jesus' Name – *Romans 6:13*
21. Let the plan of God unfold in my life without delay. In Jesus' Name – *Isaiah 55:8*
22. Help me to fulfill every good work You have ordained for me. In Jesus' Name – *2 Timothy 2:21*

23. Align my finances, career, and relationships with Your purpose. In Jesus' Name – *Proverbs 16:3*

24. Let my life bring glory to Your Name. In Jesus' Name – *Matthew 5:16*

25. I declare that my life will bear fruit that honors You. In Jesus' Name – *John 15:8*

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DAY 8: SPIRITUAL STRENGTH AND VICTORY

Focus: Strengthening spiritually to overcome challenges and experience victory

1. I receive strength and courage for every challenge ahead. In Jesus' Name – *Isaiah 40:29-31*
2. I declare that no weapon formed against me shall prosper. In Jesus' Name – *Isaiah 54:17*
3. Let Your power be made perfect in my weakness. In Jesus' Name – *2 Corinthians 12:9*
4. Strengthen my inner man with Your mighty power. In Jesus' Name – *Ephesians 3:16*
5. I declare victory over every attack of the enemy. In Jesus' Name – *Romans 8:37*
6. Give me the strength to resist the devil and stand firm. In Jesus' Name – *James 4:7*
7. Let Your strength empower me to run and not grow weary. In Jesus' Name – *Isaiah 40:31*
8. I stand firm in the armor of God, ready for victory. In Jesus' Name – *Ephesians 6:10-13*
9. Let Your Holy Spirit fill me with boldness and power. In Jesus' Name – *Acts 1:8*
10. I declare that I will be strong in the Lord and in the power of His might. In Jesus' Name – *Ephesians 6:10*
11. Let every challenge I face become an opportunity for victory. In Jesus' Name – *Romans 8:28*
12. I claim victory over fear and anxiety. In Jesus' Name – *2 Timothy 1:7*
13. I am more than a conqueror through Christ who loves me. In Jesus' Name – *Romans 8:37*
14. Let every mountain in my life be removed. In Jesus' Name – *Mark 11:23*
15. I declare strength to endure every trial and obstacle. In Jesus' Name – *Hebrews 12:1-2*
16. Lord, strengthen me with Your might to overcome every difficulty. In Jesus' Name – *Philippians 4:13*
17. Let Your power flow through me to accomplish great things. In Jesus' Name – *Luke 10:19*
18. Let the joy of the Lord be my strength. In Jesus' Name – *Nehemiah 8:10*
19. I declare victory in every area of my life. In Jesus' Name – *1 John 5:4*
20. Strengthen my faith to see victory in every situation. In Jesus' Name – *1 Corinthians 15:57*

21.I refuse to be defeated by the enemy. In Jesus' Name – *2 Corinthians 2:14*

22.I declare that I will not be overcome by evil, but will overcome evil with good.

In Jesus' Name – *Romans 12:21*

23.Let me walk in Your power and strength today. In Jesus' Name – *Philippians 4:13*

24.I declare that I am an overcomer by the blood of the Lamb. In Jesus' Name – *Revelation 12:11*

25.I receive spiritual strength for every battle. In Jesus' Name – *Isaiah 41:10*

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DAY 9: PEACE AND RESTORATION

Focus: Peace of God, restoration of peace and healing in every area of life

1. I declare that the peace of God rules in my heart. In Jesus' Name – *Colossians 3:15*
2. Let Your peace guard my heart and mind. In Jesus' Name – *Philippians 4:7*
3. I speak peace to every storm in my life. In Jesus' Name – *Mark 4:39*
4. I receive peace that passes all understanding. In Jesus' Name – *Philippians 4:7*
5. Let Your peace fill every area of my life. In Jesus' Name – *John 14:27*
6. I declare that I will not be anxious about anything. In Jesus' Name – *Philippians 4:6*
7. I speak restoration of peace to my mind, body, and spirit. In Jesus' Name – *Jeremiah 30:17*
8. I claim divine peace in my relationships. In Jesus' Name – *Romans 12:18*
9. Let peace reign in my home, workplace, and ministry. In Jesus' Name – *Romans 14:19*
10. I declare divine peace in every area of my life. In Jesus' Name – *John 16:33*
11. I receive restoration of joy and peace in the Holy Spirit. In Jesus' Name – *Romans 14:17*
12. I declare that I will experience perfect peace as I trust in God. In Jesus' Name – *Isaiah 26:3*
13. Let every form of worry and fear be removed from my life. In Jesus' Name – *Matthew 6:34*
14. I speak peace over my past, present, and future. In Jesus' Name – *John 14:27*
15. Let Your peace bring healing to my soul. In Jesus' Name – *Psalms 23:3*
16. I claim restoration of broken relationships. In Jesus' Name – *2 Corinthians 5:18*
17. I declare peace in my finances, health, and family. In Jesus' Name – *Romans 15:13*
18. I ask for Your peace to flow through every part of my being. In Jesus' Name – *John 14:27*
19. Let Your peace rule in my mind today. In Jesus' Name – *Colossians 3:15*
20. Let every spirit of turmoil and unrest be removed. In Jesus' Name – *Matthew 11:28-30*
21. I receive peace in the midst of every challenge. In Jesus' Name – *John 16:33*
22. I declare that peace will follow me wherever I go. In Jesus' Name – *Psalms 4:8*
23. Let Your peace flow like a river over my life. In Jesus' Name – *Isaiah 66:12*

24.I declare restoration of health, joy, and peace in my life. In Jesus' Name – *Joel*
2:25

25.I declare that the peace of God will be my foundation. In Jesus' Name – *Isaiah*
54:10

Treasures in Earthen Vessels

DAY 10: THANKSGIVING AND PRAISE

Focus: Giving thanks for all God has done and praising Him for His goodness

1. I give thanks to God for His goodness and mercy. In Jesus' Name – *Psalms 107:1*
2. I praise God for His faithfulness and love. In Jesus' Name – *Psalms 36:5*
3. I thank God for the gift of salvation and eternal life. In Jesus' Name – *Ephesians 2:8*
4. I give thanks for His protection and provision. In Jesus' Name – *Psalms 23:1*
5. I praise God for His amazing grace toward me. In Jesus' Name – *2 Corinthians 12:9*
6. I give thanks for His answers to my prayers. In Jesus' Name – *Psalms 118:21*
7. I thank God for the victory He has given me. In Jesus' Name – *1 Corinthians 15:57*
8. I praise God for His goodness in my life. In Jesus' Name – *Psalms 145:9*
9. I thank God for the blessings He has bestowed upon me. In Jesus' Name – *Ephesians 1:3*
10. I give thanks for the peace that God has given me. In Jesus' Name – *John 14:27*
11. I praise God for the grace to overcome every challenge. In Jesus' Name – *Romans 8:37*
12. I thank God for His provision in every area of my life. In Jesus' Name – *Philippians 4:19*
13. I praise God for His unchanging nature. In Jesus' Name – *Hebrews 13:8*
14. I give thanks for the opportunity to seek His face in prayer. In Jesus' Name – *Psalms 27:8*
15. I thank God for the victory in Jesus Christ. In Jesus' Name – *1 John 5:4*
16. I praise God for His healing power over my life. In Jesus' Name – *Isaiah 53:5*
17. I give thanks for His faithfulness, which never fails. In Jesus' Name – *Lamentations 3:22-23*
18. I thank God for His endless mercy and love. In Jesus' Name – *Psalms 136:1*
19. I give thanks for the good things God has planned for me. In Jesus' Name – *Jeremiah 29:11*
20. I praise God for His presence in my life. In Jesus' Name – *Psalms 16:11*
21. I thank God for His Holy Spirit, who leads and empowers me. In Jesus' Name – *Romans 8:14*
22. I give thanks for His eternal promises. In Jesus' Name – *2 Peter 1:4*
23. I praise God for His power to perform miracles. In Jesus' Name – *Ephesians 3:20*

24.I thank God for His constant protection and care. In Jesus' Name – *Psalm 91:4*

25.I give all glory and honor to God for the great things He has done in my life.
In Jesus' Name – *Psalm 115:1*

Treasures in Earthen Vessels

PRAYER OF THANKSGIVING AND VICTORY DECLARATIONS

Focus: Giving thanks for the completion of the fast, for God's faithfulness, and declaring victory in every area of life.

1. **Father, I thank You for the grace to complete this fast.** In Jesus' Name – *Philippians 1:6*
2. **I give You all the glory for Your faithfulness throughout these ten days.** In Jesus' Name – *1 Thessalonians 5:24*
3. **Thank You, Lord, for drawing me closer to You during this fast.** In Jesus' Name – *James 4:8*
4. **I thank You for the answered prayers, both seen and unseen, during this time.** In Jesus' Name – *Matthew 7:7*
5. **I praise You, Lord, for the breakthroughs I've experienced during this fast.** In Jesus' Name – *Isaiah 58:8*
6. **Thank You for the transformation in my spirit, soul, and body.** In Jesus' Name – *Romans 12:2*
7. **I am grateful for the peace and clarity You've given me.** In Jesus' Name – *Philippians 4:7*
8. **Thank You, Lord, for the spiritual growth and deeper understanding I have gained.** In Jesus' Name – *2 Peter 3:18*
9. **I thank You, Lord, for sustaining me throughout this fast with Your strength.** In Jesus' Name – *Isaiah 40:29*
10. **Thank You for the victory You've given me over every challenge faced during this fast.** In Jesus' Name – *1 Corinthians 15:57*
11. **I give You thanks for Your provision in every area of my life during this time of fasting.** In Jesus' Name – *Philippians 4:19*
12. **Thank You for filling me with fresh hope and renewed faith.** In Jesus' Name – *Romans 15:13*
13. **Thank You for Your Holy Spirit who empowered me throughout this fast.** In Jesus' Name – *Acts 1:8*
14. **I give thanks for the strength to overcome every temptation and every difficulty.** In Jesus' Name – *1 Corinthians 10:13*
15. **Thank You for Your protection and covering over my life.** In Jesus' Name – *Psalms 91:11*
16. **I praise You, Lord, for the restoration of all things in my life.** In Jesus' Name – *Joel 2:25*
17. **Thank You, Father, for the healing and deliverance I have received.** In Jesus' Name – *Isaiah 53:5*

18. **Thank You for the revelation and insight that You've poured into my life.**
In Jesus' Name – *Proverbs 2:6*
 19. **I thank You for breaking every chain and setting me free.** In Jesus' Name
– *John 8:36*
 20. **I am grateful for the strength to endure and complete this fast with Your grace.** In Jesus' Name – *Hebrews 12:1-2*
 21. **Thank You for opening doors of favor and blessing that no man can shut.**
In Jesus' Name – *Revelation 3:8*
 22. **Thank You for the victory I have over every enemy and adversary.** In
Jesus' Name – *Romans 8:37*
 23. **I praise You for the fruit of this fast, and for the spiritual rewards that will follow.** In Jesus' Name – *Matthew 6:18*
 24. **Thank You, Lord, for being with me every step of the way and for making me victorious.** In Jesus' Name – *2 Corinthians 2:14*
 25. **I declare that this fast has brought me closer to You and opened the heavens over my life.** In Jesus' Name – *Malachi 3:10*
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VICTORY DECLARATIONS

1. **I declare that I am victorious in Christ Jesus.** In Jesus' Name – *1 John 5:4*
2. **I declare that every blessing of the fast is now activated in my life.** In Jesus' Name – *Deuteronomy 28:1-14*
3. **I declare that every obstacle is now moved and I walk in divine favor.** In Jesus' Name – *Mark 11:23*
4. **I declare that the chains of bondage are broken and I am free.** In Jesus' Name – *Galatians 5:1*
5. **I declare that every prayer I've prayed during this fast is answered.** In Jesus' Name – *Matthew 7:7*
6. **I declare divine restoration in every area of my life.** In Jesus' Name – *Joel 2:25*
7. **I declare that my health is restored and made whole.** In Jesus' Name – *Isaiah 53:5*
8. **I declare that my finances are blessed and I receive supernatural provision.** In Jesus' Name – *Philippians 4:19*